

## 29th January 2021 Mail on Friday Redhill Primary Academy and Nursery Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Mental Health Week: Monday 1st February - Friday 5th February

Next week is Mental Health Week and Redhill Primary Academy will be running a variety of activities like assemblies and lessons to celebrate this.

There are some useful resources for parents and carers on the following page https://nowandbeyond.org.uk/materials-for-beyond

#### On Wednesday 3rd February,

we are asking that everyone wears an item of clothing inside out to show kindness and that we never really know what is going on inside other people's mind or body.

# On Wednesday 3rd February 2021

# Wear an item of clothing inside out!

Be kind always… you never know how someone is feeling inside.

#### Friday 5th February will be No Screens Day

We are very aware that children, parents and staff are spending a huge amount of their day in front of a 'screen' in order to complete our remote learning provision. Therefore, we are asking children to complete a variety of activities away from their 'screen' and to post pictures of themselves enjoying these activities on Twitter.

There will be no live teaching for parents and children to complete on this morning. Critical key worker children will also complete a No Screens Day inside and outside of the classroom with their adults in school.

We can't wait to see and hear about all the fun you have had completing these activities. If this event proves to be popular, we will hold another after half term.

#### Parent View

We would be very grateful if you would take a few moments to complete the feedback questionnaire by following the link below: https://parentview.ofsted.gov.uk

Thank you for your support.

#### Live Football Training Session!

Mr Parrish and Mr Spencer will be holding a live football training session on Friday 12th February. This session will be a masterclass in all things football-related.

We hope to see lots of children from across the school getting involved.

We will send out more information about how your child can take part next week.

#### Mr Parrish's Daily Challenge

Mr Parrish has been working incredibly hard creating daily challenges for the all the children across the school to get involved with. Please can you encourage your child to take part. It would be so lovely to read about how the children have found them or even see a video of them completing these activities on our Twitter page.

#### **Book Review**

Mrs Williams has shared some wonderful book reviews from her class. Well done to you all.

Book Review
Image: Source of the sine bird   Intering the
Not really but is people like alden day stopy then I would be set use what could happen in the guture not what pappend in the past. Book review completed by: A what
Book Review First First The First Market States and the maginal states by a mythical size birds to be anythical size birds to be meet a maginal gray wols who helps
Would you recommend this book? Why? Yes because its got mythical creatures in it use its got My star rating: Book review completed by: Connie

# **Book Review**



<u>Title:</u>

Fireburh !

Author:

Twinkle.

Genre:

Adventure.

Plot: his two brothers set as on a mission Ivan and to find the sitebird so its stops Stealing their Sather's yolden apples. On the way I van and his two brothers split up. I van meet a grey wolf who can and Shape Shist.

Would you recommend this book? Why? I would recommend this book because it makes you Seed like your on a adventure with them and your keen to know what happens have. Book review completed by: Leah ) evel

#### Safeguarding Support for Parents during COVID-19 and Beyond

Following on from our piece in last week's Mail on Friday, we are sending further advice to help you support your child during this difficult time.

#### My child is getting really stressed about the COVID-19, what can I do to help?

The World Health Organisation have developed a flyer to support parents in talking to their child about Coronavirus.

# **COVID-19 PARENTING** Talking about COVID-19

Be willing to talk. They will already have heard something. Silence and secrets do not protect our children. Honesty and openness do. Think about how much they will understand. You know them best.

### Be open and listen.

Allow your child to talk freely. Ask them open questions and find out how much they already know.

#### Be honest.

Always answer their questions truthfully. Think about how old your child is and how much they can understand.

## Be supportive.

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Your child may be scared or confused. Give them space to share how they are feeling and let them know you are there for them.

## There are a lot of stories going around

Some may not be true. Use trustworthy sites: https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public and https://www.unicef.org/coronavirus/covid-19

from WHO and UNICEF.

It is OK not to know the answers.

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It is fine to say "We don't know, but we are working on it; or we don't know, 'but we think'." Use this as an opportunity to learn something new with your child!

#### Heroes not bullies.

Explain that COVID-19 has nothing to do with the way someone looks, where they are from, or what language they speak. Tell your child that we can be compassionate to people who are sick and those who are caring for them.

Look for stories of people who are working to stop the outbreak and are caring for sick people.

## End on a good note.

Check to see if your child is okay. Remind them that you care and that they can talk to you anytime. Then do something fun together!

For more information click below links

Parenting tips from WHO Parenting tips from UNICEE In worldwide

EVIDENCE-BASE

#### Reading at Home

Another opportunity for parents and carers to find out how best to support your child when reading with them at home.

# 7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

Concentrate on reading quality (it isn't all about reading lots!)

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Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

2 Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

3 Ask your child to make predictions about what they have read



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

5 Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

6 Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!'

7 Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'